

Spring Fling 2021

April 9 - April 24

WilsonvilleParksandRec.com/SpringFling



March 2021 Parks & Rec Report

Director's Report:

This month I would like to acknowledge City Staff for showing compassion, dedication and incredible drive to get Wilsonville back in shape as quickly as possible following the recent ice storm. The Parks Crew worked countless hours to reopen parks since we realize how important they are to residents.

On the Parks and Recreation side of things, our Community Garden is 100% full and the Spring Fling Event series will be kicking off soon with a trillium drive-thru event on Thursday, April 8 from 4-6PM. The event series will also include a virtual film screening and discussion on "Kiss the Ground" April 15 7-9PM. Other virtual events this month on Facebook live include, Compost Tea Magic and Backyard Chickens, live at 10AM on April 17 and DIY Bee Hotel Making at 10AM on April 18. The Park Crew will be gearing up for WERK Week Volunteer Days April 19 -24, with pre-registration required. Finally, we are offering a Goat Petting event at Memorial Park on April 24 from 10AM-12PM, and a 55+ Drive-Thru event at the Community Center on Friday, April 16th from 1PM-2PM.

Zach and crew have worked diligently getting all City sports fields ready for play and the parks staff added some drainage to our new Dog Park. This will be my last City Manager report as I'm joining the retirement crowd. It's been an honor and pleasure to serve the residents of Wilsonville. This City is truly magical and I hope to stay around for most of the summer and hopefully visit in the future.

Thank you to my staff as they truthfully are the BEST!!

-Mike McCarty

Recreation Updates:

March Virtual Craft– Clover Wreath

Recreation Coordinator, Erica Behler offered a virtual craft tutorial on the morning of March 14. The tutorial showed participants how to make a clover wreath out of basic materials most folks probably have around their house. The department is trying to offer these virtual tutorials monthly, with a rotating offering of crafts. Each video saves to the 'video' tab on the Wilsonville Parks and Rec Facebook page, so that those who cannot attend live, can watch it at a later time.



Park Shelter Rentals – Now Open

Park shelter rentals opened to both Wilsonville residents, as well as those outside of Wilsonville. The current Oregon Health Authority restrictions on social gathering sizes (currently a maximum of 10 people permitted) are having an impact on the desirability of shelter rental.

April Virtual Tutorial—Create a Bee Hotel

Join Recreation Coordinator, Erica Behler for this Facebook Live crafting event. Bee hotels are a great way to attract pollinators to your backyard or vegetable garden. They attract solitary bees that live in nests; these bees are therefore less likely to sting because they are not protecting a hive. Participants can find a supply list on the Spring Fling Event Webpage at Wilsonville-ParksandRec.com/SpringFling






Spring Fling 2021

April









Monday Tuesday Wednesday Thursday Friday Saturday Sunday



| | | | |
|---|----------|---|--|
| <p>8</p> <p>FREE Trillium Drive-Thru Event 4 pm - 6 pm (or until supplies run out) Parks Admin Bldg.</p>  | <p>9</p> | <p>10</p> <p>Vermicomposting 101 Stein Boozier Barn Pre-Registration Required</p> <p>Session 1: 10 am Session 2: 12 pm</p>  | <p>11</p> <p>Self - Guided Nature Walk Packet and details available at website below</p>  |
|---|----------|---|--|

| | | | | | | |
|--|---|--|---|---|--|--|
| <p>12</p> <p>Virtual Contest: Garden/ Plant Share (through Sunday 4/18) #WilsonvillePlantShare</p> | <p>13</p> <p>Dazzling Dahlias: OSU Master Gardener Level Up Series 3pm - 4 pm</p> | <p>14</p> <p>Community Garden Volunteer Day Community Garden 10 am - 12 pm Pre-Registration Required</p> | <p>15</p> <p>Virtual Film Screening and Discussion: "Kiss the Ground" 7 pm - 9 pm</p>  | <p>16</p> <p>55+ Spring Drive-Thru Event Community Center 1pm - 2pm</p> | <p>17</p> <p>Virtual Tour: Compost Tea Magic and Backyard Chickens Facebook Live 10 am</p>  | <p>18</p> <p>Virtual Craft: Bee Hotel Facebook Live 10am</p>  |
|--|---|--|---|---|--|--|

| | | | | | |
|--|--|--|--|---|--|
| <p>19</p> <p>WERK Week Day 1 Pre-Registration Required</p>  <p>Virtual Contest: Earth Day Pledge (through Sunday 4/25) #WilsonvilleEarthDay</p> | <p>20</p> <p>WERK Week Day 2 Pre-Registration Required</p>  | <p>21</p> <p>WERK Week Day 3 Pre-Registration Required</p>  | <p>22</p> <p>WERK Week Day 4 Pre-Registration Required</p>  | <p>23</p> <p>WERK Week Day 5 Pre-Registration Required</p>  | <p>24</p> <p>WERK Week Day 6 Pre-Registration Required</p> <p>Goat Petting Event Memorial Park 10 am</p>  |
|--|--|--|--|---|--|

Recreation Updates:

Vermicomposting Classes: The Parks and Recreation Department will be offering two in person vermicomposting classes in April. Each session is limited to 10 participants, and will take place in the Stein—Boozier Barn. The department is carefully following all Oregon Health Authority guidelines such as social distancing, and requiring all participants wear masks. The classes are being taught by one of our own Park Maintenance Specialists, Chris Delk.

Vermicompost 101

Saturday, April 10, Stein Barn

Session I: 10am - 11:30am, Session II: 12pm - 1:30 pm

Taught by: Chris Delk, Park Maintenance Specialist

- Spots are limited, pre-registration required
- Leave class with your very own worm kit
- Learn from friendly and knowledgeable Parks & Rec Maintenance team
- No prior experience necessary
- Register Online WilsonvilleParksandRec.com
Course #'s:
Session I: 9696
Session II: 9697

Vermicomposting 101 is designed to help people decide what kind of worm bin works for them. This class will illustrate different types of worm bed layouts, and how to maintain them for optimal use. We will be discussing what you can feed them and how often.

For example, using banana peels and coffee grounds to create fertilizer. Vermicomposting is a great way to reduce waste while creating a natural fertilizer that can be used indoors or outdoors. Furthermore, attendees will receive a starter pack of red wiggler worms and a small worm bin to get them up and going.



Recreation Updates:

WERK Week: Join Wilsonville Parks Maintenance staff for WERK Week volunteer days! Tasks may include invasive species removal, bark dusting, and others! Please note that each day of WERK week reports to a different park. While each day allows for 20 participants, please know that Parks staff will divide participants into 5 groups of 4 people to better allow for social distancing. Those in the same household will be placed together; however, masks must still be worn at all times. For those in a group with members outside of their household, tasks will be individualistic in nature and will not require close contact with others.



WERK Week Volunteer Days

April 19 - April 24

Join Wilsonville Parks Maintenance staff for WERK Week volunteer days! Tasks may include invasive species removal, bark dusting, and others! Please note that each day of WERK week reports to a different park. While each day allows for 20 participants, please know that Parks staff will divide participants into small groups to better allow for social distancing. Those in the same household will be placed together; however, masks must still be worn at all times. For those in a group with members outside of their household, tasks will be individualistic in nature and will not require close contact with others. Please wear a face mask, long pants, closed toe shoes, and bring gloves and water. Volunteers under the age of 18 will need a parent/guardian signature to participate.

Please register in advance, no walk-ups.
Register at WilsonvilleParksandRec.com/SpringFling

Day 1: Monday, April 19, 1 pm, Boones Ferry Park

Day 2: Tuesday, April 20, 4 pm, Murase Plaza

Day 3: Wednesday, April 21, 1 pm

Group 1: Town Center Loop East

Group 2: River Fox Park

Day 4: Thursday, April 22, 4 pm, Memorial Park

Day 5: Friday, April 23, 1 pm, Sofia & Palermo Park

Day 6: Saturday, April 24

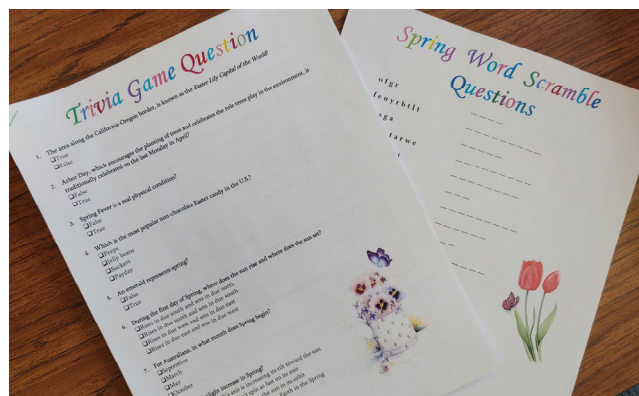
Session I: 9 am, Memorial Park

Session II: 12 pm, Murase Plaza



Community Center Updates:

- Fitness Specialist, Brad Moore, completed the 16 hour Postural Restorative Institute's (PRI) Myokinematic (Hips) Restoration Course. The course focused on how walking, standing, and sitting postural patterns can contribute to low back and spine pain. In addition, assessments and exercises were given that will help clients relieve discomfort or pain and to move in healthier way. Brad will begin to integrate the lessons learned virtually for now but the biggest impact will be when he is able to start seeing clients in person again.
- Community Center staff has been preparing for the Drive-Thru Event on April 16th. Staff has been creating a number of brain exercise activities including word scrambles and word finds. These activity pages will be included in the goodie bag at the event.



Board Highlights

Kitakata Sister City Advisory Board— The Kitakata Sister City Advisory board met in March to go over a number of topics. The board got to hear from the Japanese language teacher at Wilsonville High School, as well as learn about Shinrin Yoku. The board will be completing some local business outreach and research assignments over the coming month.

Korean War Memorial Foundation of Oregon – Korean War Interpretive Center Committee Members continue to refine the elements of the current 25% design. The current focus is on elements to be included in a large scale topographical map which will include important battles, landmarks and perimeter lines.

Parks and Rec Advisory Board – The Parks and Rec Advisory Board did not meet in March. The boards next meeting will be on April 8, where they will review applications for the Community Opportunity Grant, and finalize 2021 goals.

Wilsonville Community Seniors Inc. —The Board prepared St. Patrick's Day Cards that went out to all home-delivered meal clients. Additionally, the Board contributed Spring bookmarks that will go to the April drive-thru event attendees.



Park Updates:

Play Ball:

With the return of Spring weather the Parks Maintenance team has been busy diligently preparing the sports fields in Memorial Park for play. This involves a full team approach each year and the team is proud to have the fields back in playable condition while still in March.



Irrigation Controller Update:

The parks team irrigation work in March was focused on the conversion of all 3G wireless controllers. The process of converting the 3G controls to 4G is critical in the teams ability to manage water usage each summer. The team utilizes Rain Bird IQ, through the 4G network, to ensure that irrigation is only operated when needed.

